

RAAF Vietnam Veterans Association (Vic) and Air Force Association (Vic) Vietnam Veterans Branch



NEWSLETTER

June 2019

www.raafvva.org.au

www.raafavic.org.au

The official journal of RAAF Vietnam Veterans Association (Vic), a Sub-Branch of the VVAA Vic Branch Incorporated
(Reg. No. A0029247G. ABN 34 750 672 219)
and RAAF Association (Vic Div) Vietnam Veterans Branch – (ABN 96 091 342 304)

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PUBLISHER: Geoff Rose

PRESIDENT'S REPORT

Passing of George Ashworth

In my report for the 2019 AGM in February, I mentioned that the Reverend George Ashworth OAM RFD had decided to retire as our Honorary Chaplain. He and his wife moved from their home in Jan Juc into aged care accommodation in Torquay. Sadly, Father George passed away peacefully on 29 April 19. With committee member, Bob Brackin, I attended the commemoration and celebration of George's life in a packed church in Torquay. George will be missed by his Air Force colleagues and his extended family and many parishioners to whom he ministered over many years.

Liaison with NVVM

Several members of our committee visited the National Vietnam Veterans Museum (NVVM) on 18/19 March to review the Air Operations Gallery exhibits. The General Manager of the Museum, Phil Dressing, arranged for us to meet with the curatorial staff and at the end of the two days we were able to make a few suggestions to update the displays. Committee members have offered to make themselves available to assist with moving material in the exhibits when Museum staff have time (after the Qantas display) to review the suggestions.



Anzac Day Commemorative March

About 40 RAAF Vietnam Vets led by our long serving committee member and publisher of our quarterly newsletter, Geoff Rose, marched on Anzac Day which was a great turn-out. Most were able to gather for our lunch and with a few extra Vets from the RAAF Police and a couple of Vets from 21 Squadron Branch of the AFA boosted our number to almost 50.

AGM 2019

At our AGM on 17 Feb 19, our Sub-Branch presented educational bursaries on behalf of the RAAF Foundation to two students who are about to start their university studies. One student is the grand-daughter of AVM Alan Reed, the other the grand-daughter of Ross Mathieson, a Viet Vet helicopter pilot with 9 SQN. Both students were awarded bursaries from the RAAF Foundation and "Encouragement Awards" in memory of John "Snow" Coughlan CGM and former Sub-Branch President, Lee Scully and his wife Ellen with the generous support of individual committee members. Secretary of the Victorian Branch of the VVAA, George Skell, very kindly gave up his Sunday afternoon to attend our AGM.

Committee Changes

With the retirement of Maree Jongkryg as Treasurer and Gill Coughlan on temporary sick leave from Secretary's position following foot surgery, I'm pleased to report that Gareth Davis has nicely settled into keeping an eye on our financial responsibilities and Neil Boulton is doing a great job as secretary for our committee meetings. Gill is making good progress with her physiotherapy treatment and hopes to be joining us at our monthly lunch get-together in June and all being well, able to resume her Secretarial role in a couple of months' time.

Take care all and keep warm.
Chris

NOTICE BOARD

Monthly Luncheon

The next monthly luncheon is planned for **Wednesday, 19th June 2019**, at the Mail Exchange Hotel - 688 Bourke Street, City, (corner of Bourke and Spencer St's).



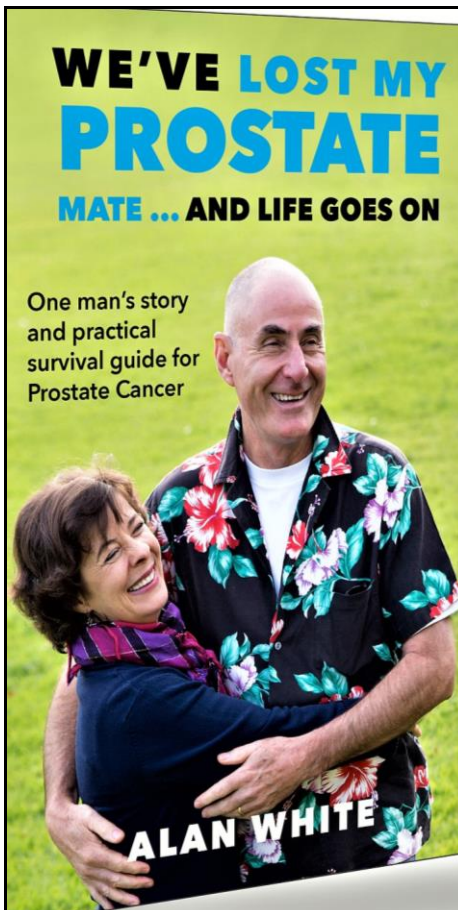
NB: Gill Coughlan, our hard-working Secretary, requests that you **please notify her by the Monday prior**, of your intention to join us for lunch at the Mail Exchange.

This will enable a more accurate number to be passed to the hotel when making the monthly booking.

Gill's mobile: 0408 503 986
Email: gilly4346@gmail.com

Generally, our monthly luncheons are planned for the third Wednesday of each month. However, dates, and any changes, will be posted on our website blog as soon as available.

Our Member, Alan White, has published a very informative and educational book:



Being diagnosed with prostate cancer once in a lifetime is enough. In 2011, Alan White was facing a second round with this life-threatening disease.

Alan's years of experience as a natural health practitioner and counsellor helped him and his wife, Fiona, to make the choice that no man really wants to make - surgical removal of the prostate gland - and to recover, physically and emotionally.

Talking about the things not usually discussed - sex after surgery, giant incontinence pads and how to wrangle your overnight urine bag - Alan shares his story and his discoveries. Fiona adds her tips for partners of men facing prostate cancer.

Alan has been the facilitator of the local Prostate Cancer Support Group in Bayside Melbourne for several years. He is also involved in ongoing research through the Peter MacCallum Cancer Centre to develop better ways of helping men make well-informed choices about their prostate cancer treatment. He continues to work as a counsellor and natural health practitioner, with a special focus on men's health and wellbeing.

We've lost my prostate, mate! is Alan's story about the diagnosis, the decision making, the surgery and the road to recovery. He shares the good, the bad and the ugly along the way, providing helpful tips for fellow prostate cancer sufferers. Armed with his irrepressible laughter and a very determined wife, Alan shows that there is life after losing your prostate, mate.

My website is www.theprostatezone.com and people can buy the book via my website or via www.amazon.com. It is also available to download as an e-book. The price via my website is \$25 plus \$5 for postage. I am happy to answer emails or take calls from anyone with any queries. Alan White on, Ph: (03) 9598 1007, Mobile: 0407 617 800 or email: alan@theprostatezone.com

Going overseas? AFA VN Branch member, Dan Nebauer, offers discounts to current and ex ADF members. Dan specialises in Asian travel, but his knowledge and experience can cater for all your international and/or domestic travel needs.



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Hi, I'm Dan Nebauer - your personal travel manager!

I served in the RAAF for more than 25 years with numerous postings within Australia and overseas, including 12 months in Vietnam with 35 SQN. Since leaving the RAAF, I have travelled extensively myself and arranged holiday and travel plans for literally hundreds of very satisfied clients. Whilst specialising in Asia destinations like China, Tibet and Mongolia - Nepal, India & Sri Lanka - Vietnam, Burma, Borneo and all SE Asia - I am also able to cover the rest of the globe for you - by air, land and sea. So put my 20 years of travel industry experience to work for you!



Dan Nebauer

To find out more, call me:

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Veterans Wellness Programs

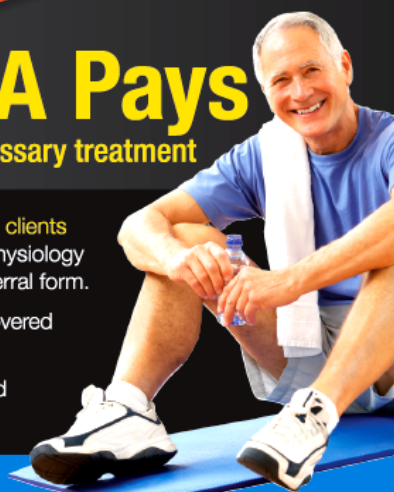
DVA Pays

for the clinically necessary treatment

Entitled Department of Veterans' Affairs (DVA) clients may be referred for clinically necessary Exercise Physiology treatment by their General Practitioner on a valid D904 referral form.

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OUT and ABOUT

ANZAC Day 2019

Warming Autumn sunshine and clear blue skies greeted Melbourne-ites this ANZAC Day and, despite our 30 minutes earlier start time, there were high spirits and a relaxed atmosphere as members congregated, to reacquaint and chat, before commencement of official proceedings.



The new form-up location evoked a slight twinge of nostalgia as we gathered, just metres from Melbourne's traditional and most famous meeting place: "under the clocks at Flinders Street Station".

Unforeseen circumstances caused a short delay to our published step-off time and there was a 'bit of juggling' to settle into stride as we wheeled around the corner to head down St Kilda Rd.



Fortunately, the RAN's marching band was positioned to lead the RAAF Contingent and this enabled us to pick up the beat and quickly form into, and maintain, a 'pretty impressive bunch'.



Former RAAFVVA President (and *ex-RAAF RADTECH), Graeme Dodd, volunteered to photograph our march, so on a number of occasions, was seen to break ranks and dash ahead to position himself for 'just the right shot'. Thankyou Graeme. (*BTW: Graeme, in the previous edition, was mistakenly described as an "ex ADG" - not that there is anything wrong with being an ADG. However, if anyone has been offended by this misrepresentation, then I apologise.)



The Air Force Contingent's initial delay in stepping-off had caused a sizable gap in the procession. Consequently, there was none of the usual bunching-up, or halting along the way and thus, no time for members to pause or 'take a breather'. The fit, young Navy Band played their 'Quick-march' beat for the entire route, but proudly, the stoic RAAF Vietnam members kept up with the pace. It wasn't easy, and by the end, we all knew we had quick-marched the 1.7 kms – non-stop!



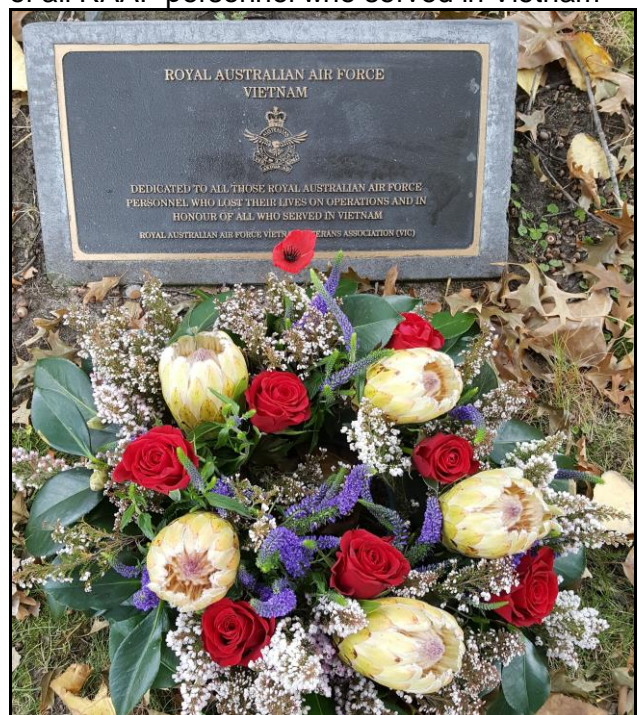
The RAAF provided a flypast of four new PC-21 training aircraft from East Sale (unfortunately, they were too quick to get a picture). However, caught on camera, is the formation flypast of RAAF Museum aircraft: a CT4, leading three Winjeels and one Harvard.



Following the march, Alan White and Pieter Jongkryg volunteered as Banner Holders for our small remembrance ceremony, conducted in front of the 'old oak tree' and RAAF Vietnam plaque.



Noela Rose, Ex-WRAAF, current AFA member and loving wife of Committee member, Geoff, was called forward to lay the wreath in memory of all RAAF personnel who served in Vietnam



While RAAFVVA President Chris Hudnott diligently continued his ABC commentary duties, AFA (Vic) President and Vice President RAAFVVA, Max McGregor, conducted a short commemoration service in honour of all RAAF personnel who had served in Vietnam, especially remembering those who did not return, or have since passed on.

Our recently retired Honorary Chaplain, Rev George G Ashworth OAM AFD, had previously provided a short list of prayers suitable for such occasions. As all present bowed their heads, in recitation of the Lord's Prayer, none expected Rev George would leave us in just a few more days.



On completion of the service, we all proceeded down the grassy knoll – er, slope - and across St Kilda Rd to the Seasons Hotel for our usual after-march get together. A good turn up, totalling 48, including a welcomed handfull of ex-RAAF Police and 21 Sqn members.

Alan White 'set the mood' with his hilarious joke about light bulbs and Vietnam Veterans - actions included.





Full of concentration, Telmay Dodd and Noela Rose assisted RAAFVVA Raffle Director, Pieter Jongkryg, with the task of folding tickets.

Somebody bought a few, but did they win?



Above, Kevin Raymant, Paul Dent and Ken Ewen.

Below, Gary Jarvis and Bob Brackin fully engrossed in (another) one of Nick's stories.



DID YOU KNOW?

Did any of you spend time at, or visit the Australian Task Force Base at Nui Dat during the Vietnam War? If you did, you would notice a few changes if you popped in for a visit now!

Map is of the base circa 1970, with Luscombe Field at the top (north) and Kanga Pad to the south. The aerial photo was taken this year, showing both landing fields now converted to roads and the hill, having been cleared, and in the process of being dug out as a quarry.



A recent cruise I was on stopped at the Saigon River port of Phu My, so I took the opportunity to visit the Nui Dat area and nearby site of the Long Tan Memorial. Below is what is left of 'SAS Hill'. It is being excavated by heavy earth moving equipment as can be seen on right of the photo.



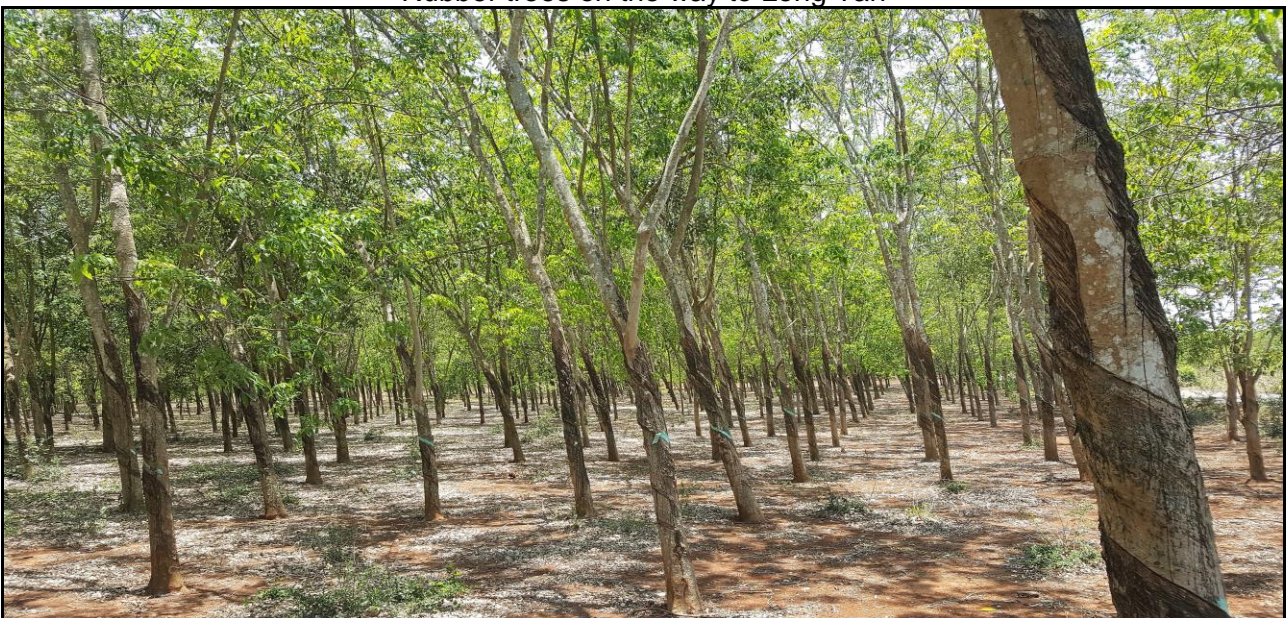
The only sign of previous habitation was this concrete base that could have been the strengthened floor of some form of structure. Nui Thi Vai hills in the background.



Sadly, very little remains of what was once the Australian Base, but in reality, it is nearly 50 years since the last troops marched out.



Rubber trees on the way to Long Tan





The Long Tan Memorial and surrounding area were very clean and looked as though they are being well cared for. Our guide, the son of a VC fighter, said “this memorial is the only Foreign War Memorial in Vietnam. The reason is because the Australians, although enemy, were respected. This respect came from the Battle of Long Tan, when the Aussie troops buried all the Vietnamese bodies. None of the other foreigners treated their Vietnamese KIA that way.”



A legend passes: Dick Cole, last of the Doolittle Raiders, dies at 103

By: [Stephen Losey](#)



Retired Air Force Lt Col Richard E Cole, the last surviving Doolittle Raider, sits in the RHS of a reconstructed U.S. Navy B-25 Mitchell, similar to the aircraft he co-piloted. Cole passed away on 9th April 2019, at the age of 103.

Cole was Lt Col Jimmy Doolittle's co-pilot in the No 1 bomber during the daring 1942 raid to strike Japan.

The Doolittle Raid was the United States' first counterattack on the Japanese mainland after Pearl Harbor. Eighty U.S. Army Air Forces airmen in 16 modified B-25B Mitchell bombers launched from the aircraft carrier Hornet, about 650 nautical miles east of Japan, to strike Tokyo. While it only caused minor damage, the mission boosted morale on the U.S. Homefront a little more than four months after Pearl Harbor and sent a signal to the Japanese people not only that the U.S. was ready to fight back but also that it could strike the Japanese mainland.

Cole was born and raised in Dayton, Ohio. In a 2016 interview with [HistoryNet.com](#), Cole said he first became interested in flying as a kid, when he would ride his bicycle to the Army Air Corps test base McCook Field and watch the pilots fly. He said he enlisted in the Army Air Corps in November 1940 because "it was a good job," especially in the midst of the Great Depression, and after finishing training went to the 17th Bombardment Group at Pendleton, Oregon.

He was transferred to Columbia, South Carolina, in early February 1942, where he saw a bulletin board notice seeking volunteers for a mission. His entire group put in their names.

"Everyone wanted to go on that mission," Cole said in a 2017 Air Force release.

Cole, who was then 26 years old, trained at Eglin Airfield in Florida for the secret raid.

"We were confined to base, in isolated barracks, and told not to talk about our training," Cole told HistoryNet. "We knew it would be dangerous, but that's all."

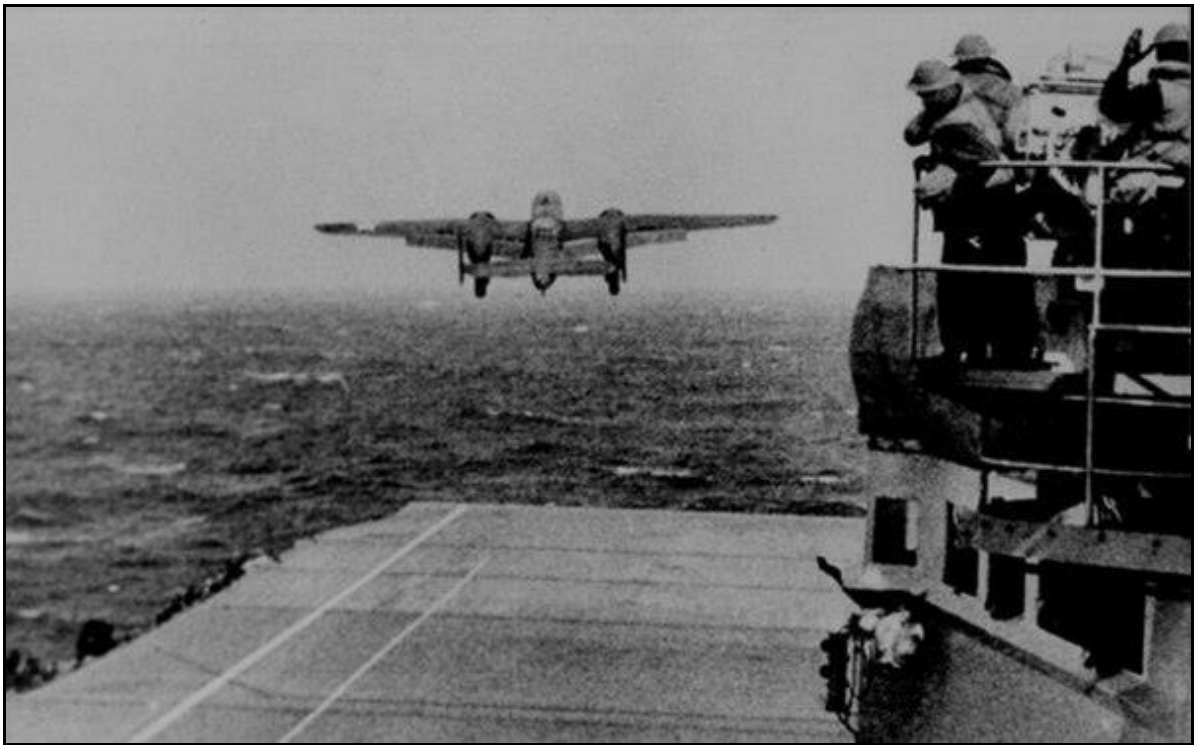
The B-25 typically needed about 3,000 feet to take off, Cole said, but they trained to get airborne in 500 feet. And when future Navy Admiral Henry Miller started teaching them how to take off from a carrier, they guessed they were headed to the Pacific to take the fight to Japan.

Then-2nd Lt Cole became Doolittle's co-pilot by chance, when the pilot he had been training with fell ill. Doolittle's intended co-pilot also became unable to fly.

The B-25s were stripped of all excess equipment, including their bombsights and lower turrets, and loaded up with extra fuel tanks that doubled capacity to about 1,100 gallons. They left port from Alameda, California, on April 2, 1942, and two days later were told they would strike Tokyo.

"We were pretty excited — above all, happy to know what we were going to do," Cole said. "Things quieted down as people began to realize what they were getting into."

After the Navy ran into a Japanese picket ship, Navy Adm William "Bull" Halsey decided to launch the mission earlier than planned. Conditions were rough, Cole told HistoryNet — water came over the bow, and the planes started to slip around the deck. But the wind about doubled the carrier speed of 20 to 35 knots, which helped the planes get airborne.



A B-25 Mitchell takes off from the aircraft carrier Hornet for the Doolittle Raid over Tokyo April 18, 1942. (Courtesy of Wright-Patterson Air Force Base, Ohio)

They reached Japan after a little more than four hours, flying at an altitude averaging roughly 200 feet, Cole said. When Doolittle and Cole neared Tokyo, it was bright and sunny. Doolittle pulled up to 1,500 feet, and bombardier Fred Braemer — then a staff sergeant — dropped the bombs. Cole said they "got jostled around a bit by anti-aircraft" fire but didn't think they got hit.

Doolittle's crew intended to land in Chuchow, China, fuel up, and continue to Western China, but they hit a snag. They ran into a severe rainstorm with lightning. Cole said the Chinese also heard their engines and thought they were Japanese, so they turned off the electric power to the lights. The crew had no choice but to fly until they ran out of gas and then bail out, he said.

Cole's parachute got stuck on a pine tree, 12 feet above the ground. After freeing himself, he walked west to a Chinese village. Cole rejoined the rest of the crew, who also bailed out successfully, and they were picked up by Chinese troops.

He continued serving in the China-Burma-India Theater until June 1943, and then volunteered for Project 9, which led to the creation of the 1st Air Commando Group.

Cole said that Doolittle feared his audacious mission had failed, because all planes and some of his airmen were lost. Three airmen died bailing out, and eight others were captured.



Crew No. 1 (Plane 40-2344), 34th Bombardment Squadron, U.S. Army Air Forces, were among those who conducted the Doolittle Raid over Tokyo on April 18, 1942. From left: Lt Henry A Potter, Navigator; Lt Col James H. Doolittle, Pilot; Staff Sgt Fred A Braemer, Bombardier; Lt Richard E Cole, Co-pilot; and Staff Sgt Paul J Leonard, Engineer-gunner. (Air Force)

But in 2016, Cole said the raid was “a turning point in the war.” Though the 16 bombers didn’t cause much damage, their actions prompted the Japanese to pull back its forces from Australia and India to shore up the Central Pacific, he said, and they transferred two carriers to Alaska, where they thought the raid had originated, which evened the odds for the Navy at Midway.

“Japanese naval forces were at a disadvantage from then on,” Cole said.

The raid also had two other goals, Cole said: First, to show the Japanese people that despite what their leaders told them, Japan could be bombed from the air. And second, “to give the Allies, and particularly the United States, a morale shot in the arm.”

Cole and the other Raiders received the Distinguished Flying Cross, and Doolittle received the Medal of Honor.

“He deserved a lot more,” Cole said of Doolittle. When asked what he thought of his commander, Cole said, “the highest order of respect from one human being to another.”

When Cole retired, his list of decorations included the DFC with two oak leaf clusters, the Bronze Star, and the Air Force Commendation Medal. In 2014, President Obama presented Cole and three other Raiders the Congressional Gold Medal at the White House.

But Cole said the Raiders didn’t feel like heroes. “We were just doing our job, part of the big picture, and happy that what we did was helpful.”

HEALTH and WELFARE

THE FLU

The flu is a highly contagious viral infection that can cause severe illness and life-threatening complications, including pneumonia.

Influenza immunisation is recommended for people in high-risk groups. People who work or live with those at high risk of complications should also be immunised to avoid spreading the flu.

The vaccine cannot give you a dose of flu because it does not contain any live virus. The flu is spread by contact with fluids from coughs and sneezes.

Do I have the flu?

The most common symptoms of the flu are:

- sudden appearance of a high fever (38 °C or more)
- a dry cough
- body aches (especially in the head, lower back and legs)
- feeling extremely weak and tired (and not wanting to get out of bed).

Other symptoms can be:

- chills
- aching behind the eyes
- loss of appetite
- sore throat
- runny or stuffy nose.



Whether you have the flu or another kind of virus can only be confirmed by a doctor after a nose or throat swab has returned positive results. The treatment is similar for any 'flu-like' illness, but a diagnosis is useful in helping health officials track disease patterns and frequency and will be required where complications have developed.

What to expect with the flu infection?

Symptoms of the flu hit very quickly and may last for several weeks. A bout of the flu typically follows this pattern:

- Days 1–3: Sudden appearance of fever, headache, muscle pain and weakness, dry cough, sore throat and sometimes a stuffy nose.
- Day 4: Fever and muscle aches decrease. Hoarse, dry or sore throat, cough and possible mild chest discomfort become more noticeable. You may feel tired or flat.
- Day 8: Symptoms decrease. Cough and tiredness may last one to two weeks or more.

What about flu complications?

In some cases of the flu, severe illness and complications such as pneumonia and bronchitis can develop, which can result in hospitalisation and even death. The flu can also make some existing medical conditions worse.

Looking after yourself when you have the flu

The best things you can do to look after yourself when you have the flu are:

- Rest – you will probably feel very weak and tired until your temperature returns to normal (about three days), and resting will provide comfort and allow your body to use its energy to fight the infection
- Stay at home – avoid contact with others as much as possible while the infection is contagious. The period during which adults are contagious is usually around 3–5 days from when the first symptoms appear, and up to 7 days in younger children.
- Drink plenty of fluids – extra fluids are needed to replace those lost because of the fever (through sweating). Try to drink a glass, such as water, every hour while you are awake.

Other useful tips for flu recovery include:

- Take simple pain-relieving medication such as paracetamol or ibuprofen, as directed on the packet, to ease muscle pain and bring down your fever (unless your doctor says otherwise).
- Antibiotics are not effective against the flu because the flu is a virus, and antibiotics fight bacteria. However, your doctor may prescribe them if you develop a bacterial infection on top of your flu.
- Gargle with a glass of warm water to ease a sore throat. Sucking on sugar-free lollies or lozenges also helps.
- A hot water bottle or heating pad may help relieve muscle pain. A warm bath may also be soothing.
- Use saline nose drops or spray to help soothe or clear a stuffy nose. These decongestants help shrink swollen blood vessels in the nose. Talk to your doctor or pharmacist about which medication will be the best one for you.
- Do not smoke – this will irritate your damaged airways.
- Try warm, moist air inhalation. Boil a kettle and put the water in a bowl on a table. Put your head over the bowl with a towel over your head and inhale the warm air for up to 20 minutes. Don't put anything in the water.
- Ask for help if you live alone, are a single parent, or are responsible for the care of someone who is frail or disabled. You may need to call someone to help you until you are feeling better.
- Remember, if you buy medicine at the pharmacy to treat your symptoms (over-the-counter medications), check with the pharmacist to see if it is the best one for you. Mention if you have a chronic illness or are taking any other medication.



More info: <https://www.betterhealth.vic.gov.au/health/conditionsandtreatments/flu-influenza>

Protecting yourselves and your grand & great-grandchildren through vaccination.

Professor Ian R Gardner, Principal Medical Adviser DVA

Many older veterans are concerned that they may be inadvertently exposing their grandchildren to risk of serious infectious disease, especially young babies in the first few weeks or months of life.

Young babies are at increased risk of many infectious diseases (prior to being able to receive their own immunisations), and it is common sense to make sure that your vaccinations are up to date prior to visiting newborn grandchildren. This will protect both you and the new babies. As we age, our natural immunity levels decrease quite remarkably, and the previous protection provided by vaccination will decline. This can be offset by ensuring that our vaccinations are up to date. If you haven't had a 'booster' for many years, then ask your doctor whether a booster dose is needed.

In 'the olden days', it was often advised that booster doses needed to be repeated every ten years. This is no longer true, but certainly some protection afforded by previously completed immunisation courses will decline with age.

Certain vaccinations are provided free to older persons by the Australian Government either through the National Immunisation Program or on the Repatriation Pharmaceutical Benefits Scheme.

However, not all recommended vaccinations are available on the 'free to the client' list. Many are strictly based on defined age groups, and some are only available free as a 'one-time' vaccination. This is a very complex area. Check with your general practitioner or pharmacist to determine which vaccinations you may be eligible for.

The vaccinations that veterans and older people generally should consider include:

- **Seasonal influenza** – annually for anyone over the age of 65. This will help protect against influenza but has no protective effect against common coughs and colds, often incorrectly called 'the flu'. Real influenza is a serious disease with very high rates of hospitalisation and deaths, especially in older persons. More than 3000 people aged over 50 die in Australia from influenza every year and another 13,500 are hospitalised.
- **Pneumococcal disease vaccine (23vPPV)** – single one-time dose. Pneumonia is also a very serious disease in older people, with high death rates, especially in those with other significant health conditions and a weakened immune system.
- **Shingles (Zostavax)** – recommended for all people aged over 60. Shingles is caused by a reactivation of the chickenpox virus that has lain dormant in our bodies for a long time. Shingles can cause severe pain and blistering, including on the face and eye. Prevention is better than cure!
- **Tetanus, diphtheria and pertussis (dTpa)** – not currently funded by the Government for adults, but a booster dose at age 50 is recommended. Although tetanus is uncommon in Australia today, diphtheria and especially pertussis (whooping cough) are increasingly common. Whooping cough is a very serious and distressing condition in young babies/children.
- **Possibly hepatitis A and B (Twinrix)** – also not funded – but recommended if you are planning to travel overseas, where risks of food-borne and bloodborne infections are higher. Vaccines are less effective in older people – but they still work!

Excellent web addresses for more information include:

www.immunise.health.gov.au and www.nationalseniors.com.au

VALE

WE WILL REMEMBER THEM

RAAFVVA/AFA VN Branch MEMBER



Rev George G Ashworth OAM RFD

15 March 1924 – 29 April 2019



It was only in the December 2018 edition of this Newsletter that we featured “Rev George G’s” retirement and withdrawal from many years of dedicated Chaplaincy service to members of the Defence Community. George, you have answered another calling – Rest in Peace.





It is with great sadness we announce the passing of
0315515 George Gordon ASHWORTH
on 29th April 2019

George served in Vietnam with
Base Squadron Ubon 30/11/1965 to 11/12/1965
RAAF Transport Flight Vietnam 12/12/1965 to 23/12/1965
Base Squadron Ubon 24/12/1965 to 28/01/1966
RAAF Transport Flight Vietnam 29/01/1966 to 16/02/1966
Base Squadron Ubon 17/02/1966 to 21/04/1966

On behalf of VVAA Victoria we extend our deepest sympathies to family, veterans and friends of the late
George Gordon ASHWORTH.

MAY HE REST IN PEACE



RAAF VIETNAM VETERAN

Roger Edward BATESON
37 Sqn – Apr 67 to Nov 67
29th May 2019

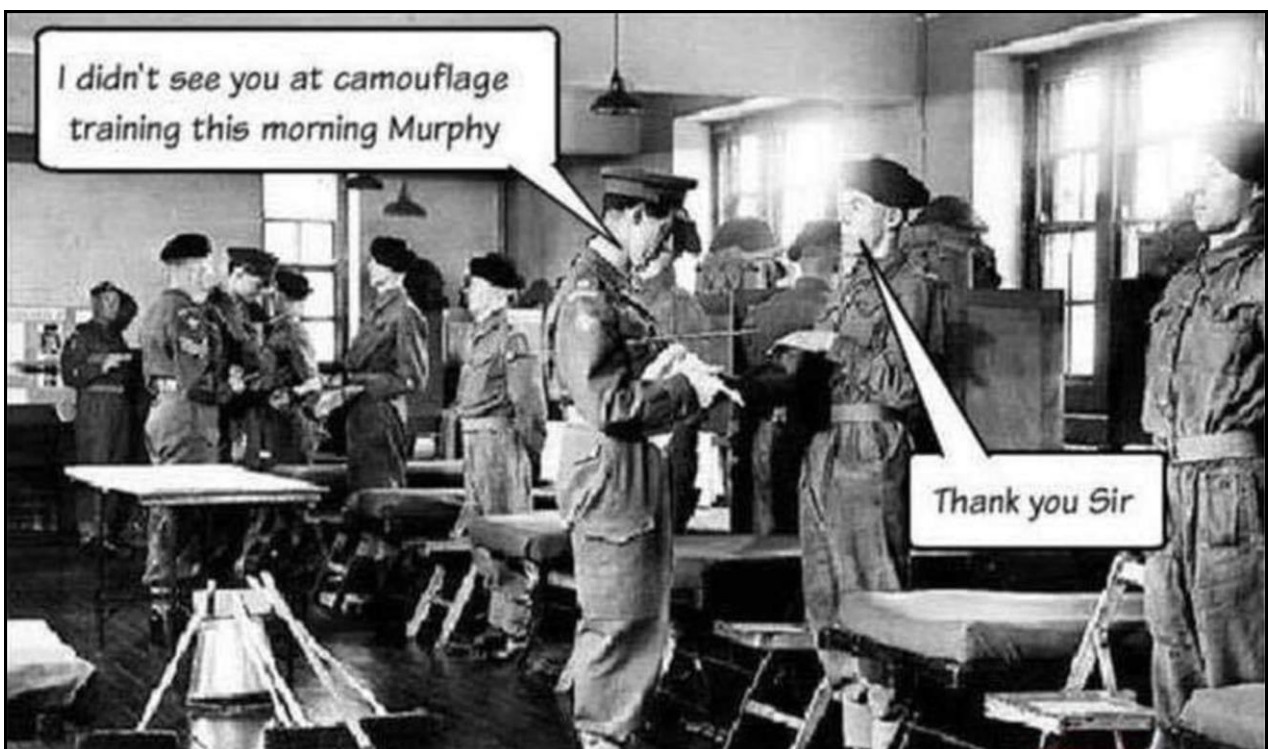
Richard 'Rick' LOVETT
HQ RAAF VT – May 71 to Nov 71
04th June 2019

Terrence James MANSBRIDGE
2 Sqn – Apr 67 to Apr 68
04th June 2019

LEST WE FORGET

On the Lighter side

Dept of Defence opens new Planning Building at Russell Offices in Canberra



Rank has its privileges:

During training exercises, the Lieutenant who was driving down a muddy back road encountered another car stuck in the mud with a red-faced General at the wheel. "Your jeep stuck, sir?" asked the Lieutenant as he pulled alongside. "Certainly not," replied the Colonel, coming over and handing him the keys, "Yours is."



"Well," snarled the tough old Navy boss to the bewildered sailor, "I suppose after you get discharged from the Navy, you'll just be waiting for me to die so you can come and pee on my grave."

"Not me, Sir!" the sailor replied. "Once I get out of the Navy, I'm never going to stand in a queue again!"

(Could it be the same with some politicians?)

1944:
18-20 year olds stormed enemy beaches, parachuted behind enemy lines, charged into battles and almost certain death.

2019:
18-20 year olds need 'safe zones' on college campuses to protect their fragile emotions from "offensive" WORDS.

What is this world
Coming to???



**TAX DEDUCTIBLE DONATIONS TO VIETNAM VETERANS ASSOCIATION
VICTORIAN BRANCH INC. AND AIR FORCE ASSOCIATION VICTORIA
WELFARE PATRIOTIC FUNDS**

DONATIONS

Donations made by members of the RAAF VVAA Victoria Sub-Branch or the Vietnam Veterans Branch of the Air Force Association Victoria are tax deductible. Donations made to either Association Sub-Branch/Branch must indicate the gift is specifically for welfare. (Renewal membership forms allow members to note their donation is for this purpose).

Donations received on this basis must be used for the welfare and support of veterans, and receipts will be issued for all donations over \$2.00 received. All money gifted for welfare purposes is welfare/veteran support directed, with your Associations and State Government accounting requirements strictly adhered to, and subject to annual audit.

If you wish to adopt either/both Associations as your family charity, just make your cheque donation payable to the preferred Welfare Patriotic Fund. For the RAAF VVAA Sub-Branch, forward your cheque to the Sub-Branch Treasurer. For the AFA Vietnam Veterans Branch, forward the cheque direct to the Association Office Manager, PO Box 1038, Hawthorn BC, Vic 3122. Your tax-deductible receipt will then be promptly returned. Remember, even the smallest donation is appreciated.

BEQUESTS AND LEGACIES

Making a Will is recommended, and is good asset planning. It provides you and those for whom you care with financial peace of mind, ensuring security for your family, and enables bequests to be made to Charities/Associations representing your on-going interests.

Bequests and Legacies are gifts of specified identified possessions or specified amounts of money gifted to an individual, group of people, or a charitable Organization or Association. Please consider the Vietnam Veterans Branch or Sub-Branch of your member Association as a preferred charity. Remember, it is possible that at some future time assistance sought from your Association will be for the benefit of yourself or your family.

VVCS - VETERANS and VETERANS FAMILIES COUNSELLING SERVICE

(A Service Founded by the Vietnam Veterans)

Normal Hours: 8640 8700

Crisis Line (after hours) 1800 011 046

DVA VICTORIA

Normal Hours: 133 254

Country/Regional: 1800 555 254

In Hospital or Convalescing at Home?

Like us to know about it and/or have someone to visit to assist or just chat?

Name:.....

Address:.....

Preferred Contact details:.....

Post or Email your request to the Secretary, or give her a call on 040 850 3986 and we will try and arrange a visit on your behalf.